








MORRIS HILLS REGIONAL DISTRICT MENU NOVEMBER 2021



Free meals for all students



ENTRÉES AVAILABLE DAILY

Monday 1	Popcorn Chicken w/ a Split Top Dinner Roll	Mozzarella Sticks	  	Thumann's Deli Bar Assorted Grab & Go Sandwiches Assorted Specialty Pizzas All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Bun Spicy Chicken Fillet on a Bun Cheeseburger on a Bun	 
Tuesday 2	Cheese Stuffed Sticks w/ Marinara Sauce	Mozzarella Sticks		Pasta w/ Meatballs & Marinara Sauce Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered w/ a Roll</i>	
Wednesday 3	Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops	Mozzarella Sticks			
Thursday 4	NJEA Convention No School				
Friday 5	NJEA Convention No School				



Allergy Aware menus are available for students w/ food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

A complete meal includes: Entrée w/ Protein/Grain, (students must select at least a serving of fruit or vegetable) & a Choice of Milk.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."








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Monday 8	Boneless Chicken Wings w/ a Split Top Dinner Roll	Pizza Crunchers	  Assorted Specialty Pizzas  All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Bun Spicy Chicken Fillet on a Bun Cheeseburger on a Bun Pasta w/ Meatballs & Marinara Sauce Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered w/ a Roll</i>	 
Tuesday 9	Grilled Cheese Sandwich	Pizza Crunchers		
Wednesday 10	Cheesesteak Hero	Pizza Crunchers		
Thursday 11	Cinnamon-Glazed French Toast Sticks	Pizza Crunchers		
Friday 12	Macaroni and Cheese	Pizza Crunchers		



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Monday 15	Chicken Parm w/ Dinner Roll	Cheese Stuffed Sticks	  Assorted Specialty Pizzas  All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Bun Spicy Chicken Fillet on a Bun Cheeseburger on a Bun Pasta w/ Meatballs & Marinara Sauce Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered w/ a Roll</i>	 Assorted Grab & Go Sandwiches  
Tuesday 16	All-Beef Hot Dog on a Bun	Cheese Stuffed Sticks		
Wednesday 17	Sweet and Sour Chicken with Vegetable Fried Rice	Cheese Stuffed Sticks		
Thursday 18	Thanksgiving Lunch Turkey w/ Gravy, Mashed Potatoes & a Turkey-Shaped Pretzel	Cheese Stuffed Sticks		
Friday 19	Chicken Nuggets w/ Dinner Roll	Cheese Stuffed Sticks		



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Monday 22	All-White Meat Chicken Tenders w/ a Split Top Dinner Roll	Mozzarella Sticks	  Assorted Grab & Go Sandwiches Assorted Specialty Pizzas  All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Bun Spicy Chicken Fillet on a Bun Cheeseburger on a Bun Pasta w/ Meatballs & Marinara Sauce Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered w/ a Roll</i>  
Tuesday 23	100% Beef Burger or Cheeseburger on a Bun	Mozzarella Sticks	
Wednesday 24	Grilled Cheese Sandwich	Mozzarella Sticks	
Thursday 25			
Friday 26			

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Monday 29	All-White Meat Chicken Tenders w/ a Split Top Dinner Roll	Mozzarella Sticks	 <p>Made-to-Order Thumann's Deli Bar Assorted Grab & Go Sandwiches</p>  <p>Assorted Specialty Pizzas</p>  <p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Bun Spicy Chicken Fillet on a Bun Cheeseburger on a Bun</p> <p>Pasta w/ Meatballs & Marinara Sauce</p> <p>Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered w/ a Roll</i></p>  
Tuesday 30	Macaroni and Cheese with Dinner Roll	Mozzarella Sticks	
Wednesday			
Thursday			
Friday			



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